

LEAPS & BOUNDS

The Newsletter of LEAP 生活教育活動計劃 通訊 | 跳 蹦蹦

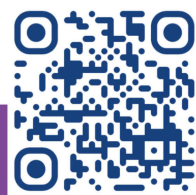
— SPRING 2026 春季 —



九龍區賣旗日
Kowloon Region
Flag Day 2026 **7.11** 六 SAT



劉德華
Andy Lau
LEAP健康大使
LEAP Health Ambassador



金旗認捐
Gold Flag Donation

哈樂伴我成長・請支持 LEAP 2026 賣旗日

Growing Up with Harold・Join LEAP Flag Day 2026

三十多年來，LEAP 身心健康教練——長頸鹿哈樂一直是香港兒童熟悉又值得信賴的好朋友。透過充滿互動性的預防教育課程，哈樂陪伴孩子成長，鼓勵他們養成健康習慣、提升情緒覺察、建立正向人際關係，以及作出負責任的決定。

這個夏天，我們誠邀你、家人及朋友，一同加入這段與哈樂同行的成長旅程。

For over 30 years, LEAP's favourite mascot, Harold the Giraffe, has been a familiar and trusted friend to children across Hong Kong. Through LEAP's interactive preventive education programmes, Harold continues to guide children as they grow — encouraging healthy habits, emotional awareness, positive relationships, and responsible decision-making.

This summer, we invite you, your family, and your friends to be part of this journey.



LEAP 2026 九龍區賣旗日

Flag Day – Kowloon Region

日期 Date: 11-07-2026 (星期六 Saturday)

時間 Time: 7:00 - 12:00 (最少兩小時 Any 2 hours)

主題 Theme: 哈樂伴我成長 Growing Up with Harold

首 100 位成功登記的個人或親子義工，
可獲贈 AEON 禮品福袋一份 (禮品內容
隨機發放)

The first 100 individual or family
volunteers to register will receive a
complimentary AEON gift goodie bag.



金旗認捐

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伴隨一生的童年回憶

A Childhood Memory that Lasts a Lifetime

「我 7 歲那年，LEAP 教育車駛進校園，那是我從未體驗過的事情。走進車廂的一刻，我已被互動的學習方式深深吸引。」

「課堂完全不像傳統課堂，而是沉浸式的情境，讓學習變成一場冒險旅程。我記得透過木偶劇學習營養知識，食物金字塔活靈活現，讓我們明白均衡飲食的重要。」

「當然，見到哈樂更是難忘。哈樂不只是吉祥物，他像朋友般鼓勵我們思考、發問、關心自己。那一天，點燃了我對學習的熱愛，直到今天仍然絲毫未變。」

“When I was 7 years old, the LEAP van arrived at my school, and it was unlike anything I had ever experienced before. The moment I stepped inside, I was amazed by how interactive and engaging everything was.”

“The lessons didn't feel like lessons at all. They created immersive scenarios that made learning feel like an adventure. I remember learning about nutrition through a puppet show that brought the food pyramid to life, helping us understand what a balanced diet really means.”

“Of course, meeting Harold made the experience unforgettable. Harold wasn't just a mascot — he felt like a friend who encouraged us to think, ask questions, and care about ourselves. That day sparked a love for learning that has stayed with me ever since.”

Ian, 大學三年級學生 Year 3 student

直到今日，仍然有不少家長及義工記得自己第一次認識哈樂、第一次走進 LEAP 流動課室的情景。這些珍貴回憶連繫着不同世代，也再次提醒我們：從小建立正面而溫暖的學習體驗，對孩子的成長是多麼重要。

Today, many parents and volunteers still remember their first encounter with Harold and the LEAP mobile classrooms. These shared memories connect generations — and remind us why early, positive learning experiences are so important.

以行動傳遞善意 Celebrating Kindness Through Action

2026 年「哈樂利是 Spare A-Lai-See」籌款圓滿結束，活動共有 18 間學校熱心參與，充分展現學生與教育工作者對社區關愛的精神。

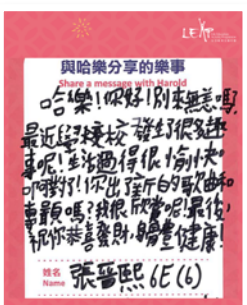
我們由衷感謝每一位捐出利是的學生，亦對在支持兒童身心健康與預防教育方面，付出額外心力的學校致以肯定與表揚。

The 2026 "Spare A-Lai-See" Fundraising Campaign was once again held successfully with heartfelt participation from 18 schools, reflecting a strong spirit of generosity and community care among students and educators.

While every lai-see donated was greatly appreciated, the campaign also provided an opportunity to celebrate schools that went above and beyond the call of duty in their support of children's wellbeing education.

2026 獲獎學校 School Recognition Awards

最踴躍參與學校獎 Most Supportive School Award	1. 順德聯誼總會梁潔華小學 Shun Tak Fraternal Association Leung Kit Wah Primary School 2. 聖保羅男女中學附屬小學 St. Paul's Co-educational College Primary School 3. 聖公會仁立紀念小學 SKH Yan Laap Memorial Primary School
最高參與率學校獎 Most Participative School Award	1. 順德聯誼總會梁潔華小學 Shun Tak Fraternal Association Leung Kit Wah Primary School 2. 聖保羅男女中學附屬小學 St. Paul's Co-educational College Primary School 3. 聖公會仁立紀念小學 SKH Yan Laap Memorial Primary School
最高籌款額獎 Most Generous School Award	1. 聖保羅男女中學附屬小學 St. Paul's Co-educational College Primary School 2. 順德聯誼總會梁潔華小學 Shun Tak Fraternal Association Leung Kit Wah Primary School 3. 嘉諾撒聖心學校 Sacred Heart Canossian School



除此之外，同學們亦向哈樂送上數以百計充滿心思的留言，當中蘊含鼓勵、關懷與希望。最終，我們從中選出 10 位同學獲頒「別具心思留言獎」，以表揚他們真誠的心意、創意表達，以及所展現的善良精神。

所有籌得的善款，將全數用於支持 LEAP 持續推動健康生活及預防教育課程，惠及香港更多孩子，陪伴他們健康、正向地成長。

In addition, students shared hundreds of thoughtful messages with Harold, expressing encouragement, empathy, and hope. Out of these, ten students were selected to receive the Most Inspiring Message Award, recognising sincerity, creativity, and kindness of heart.

All funds raised will support LEAP's ongoing healthy living and preventive education programmes, benefiting children across Hong Kong.



【傳媒專訪】香港電台 & LEAP 校園控煙教育 Media Feature: RTHK & LEAP Tobacco Control Education

2026 年 1 月，LEAP 為小學生而設的控煙教育課程獲香港電台電視 31 台節目《政正關你事》專題報道，向公眾介紹 LEAP 於校園推行的互動式預防教育模式。

是次拍攝於馬頭涌官立小學（紅磡灣）進行，並在 LEAP 流動課室內完成。學生透過一系列切合年齡的活動，學習和理解：

- 吸煙及另類吸煙產品對健康的影響
- 面對朋輩壓力時的應對方法
- 作出知情及負責任選擇的重要性

節目中，LEAP 課程主管廖海珊女士亦分享了現今學生所面對的挑戰，包括過早接觸電子煙及加熱煙等另類吸煙產品的情況。

隨著香港於 2026 年 4 月 30 日 實施新規例，禁止在公眾地方管有另類吸煙產品，LEAP 會繼續致力加強校園預防教育，從根本守護學生健康，協助孩子從小建立健康生活模式。

LEAP 謹此衷心感謝衛生署控煙酒辦公室（TACO）一直以來的支持與贊助。

In January 2026, LEAP's Tobacco Control Education Programme designed for Primary pupils was featured on RTHK TV 31's "Government and You", offering the public an inside look at our interactive, school-based learning approach.

The feature was filmed at Ma Tau Chung Government Primary School (Hung Hom Bay) inside a LEAP mobile classroom. Students participated in age-appropriate activities designed to help them understand the following:

- **The health risks of smoking and alternative smoking products**
- **How to respond to peer pressure**
- **The importance of making informed, responsible choices.**

During the programme, Joyce Liu, Head of Education at LEAP, shared insights into the challenges students face today, including early exposure to e-cigarettes and heated tobacco products.

With new regulations coming into effect in Hong Kong on 30 April 2026, banning the possession of alternative smoking products in public places, LEAP remains committed to strengthening preventive education that begins at school.

LEAP sincerely thanks the Tobacco and Alcohol Control Office (TACO) of the Department of Health for their continued support and sponsorship.



攜手走進社區 Walking into the Community Together



LEAP 很榮幸成為第 27 屆 AEON「幸福的黃色小票」活動的受惠機構之一。這項為期半年的計劃於 2025 年 8 月至 2026 年 1 月進行，透過物資捐贈方式支持 12 間慈善機構，為社區帶來實際支援。

活動期間，LEAP 走進社區，於 6 間 AEON 分店設置攤位，與市民近距離交流。不少顧客與我們分享他們童年時對長頸鹿哈樂及 LEAP 流動課室的美好回憶，再次提醒我們，這些學習體驗一直陪伴着很多香港人成長。

此外，LEAP 於 2025 年 12 月 獲得香港文華東方酒店支持，在聖誕節期間，將部分外賣飲品及朱古力禮盒的收益捐贈予 LEAP，讓節日消費成為人人可參與的暖心善行。

LEAP was honoured to be one of the beneficiary organisations of the AEON "Happy Yellow Receipt Campaign" Phase 27, a six-month initiative from August 2025 to January 2026, supporting 12 charitable organisations through in-kind donations.

During the campaign, LEAP set up booths at six AEON stores, engaging directly with the community. Many customers shared fond childhood memories of Harold the Giraffe and the LEAP van, reminding us that these experiences stay with people as they grow to adulthood.

In addition, LEAP partnered with Mandarin Oriental, Hong Kong in December 2025. Part of the proceeds from takeaway drinks and boxes of chocolates were donated to LEAP during the festive season, transforming seasonal gifting into accessible acts of kindness.



學生創意動起來 Student Creativity on Wheels

多謝各位同學的踴躍參與！2025-26 年 LEAP 流動課室設計比賽反應非常熱烈，我們總共收到：

- 來自 28 間小學的 1,017 份作品
- 來自 23 間中學的 363 份作品

一幅幅精彩的設計，展現了學生心目中色彩繽紛、共融包容、充滿想像力，亦蘊藏無限可能的學習世界。

The 2025-26 LEAP Mobile Classroom Design Competition invited students to re-imagine a LEAP van using their own vision and creativity — and the response was overwhelming:

- **1,017 entries from 28 primary schools**
- **363 entries from 23 secondary schools**

The amazing designs submitted reflected how students see learning: vibrant, inclusive, imaginative, and full of possibility.

小學組 Primary Category

冠軍
Winner



王皓澄 – 漢華中學 (小學部)
Wong Ho Yi – Hon Wah College (Primary Section)

中學組 Secondary Category

冠軍
Winner



黃雅琳 – 藍田聖保祿中學
Lena Huang – St. Paul's School (Lam Tin)

亞軍
1st Runner-up



楊莉 – 培基小學
Ariel JW Yong Ye – Stewards Pooi Kei Primary School

亞軍
1st Runner-up



任泳渝 – 聖公會聖西門呂明才中學
Yam Wing Yu – SKH St. Simon's Lui Ming Choi Secondary School

季軍
2nd Runner-up



郭桓希 – 聖文德天主教小學
Kwok Wun Hei – St. Bonaventure Catholic Primary School

季軍
2nd Runner-up



徐霖 – 聖芳濟各書院
Xu Lam – St. Francis of Assisi's College

冠軍作品將會經修訂後，用於 LEAP 流動課室車身，讓學生的創意真正「走進社區」。此外，所有得獎及部分優異獎作品，亦將於 2026 年 8 月在港鐵葵芳社區藝廊展出，與公眾一同分享學生的創意與想像。

The winning designs will be adapted and brought to life on LEAP mobile classrooms in future. Winning and selected Merit Award designs will also be exhibited at the MTR Community Gallery, Kwai Fong, in August 2026.

永遠懷念麥奇連先生

Tribute Event: Honouring Kerry McGlynn

2026 年 1 月 6 日，LEAP 舉行追思活動，向於 2025 年 9 月 11 日在悉尼辭世的 LEAP 副主席麥奇連 Kerry McGlynn 先生致敬。活動伊始，由 LEAP 主席 Patricia Hwang 與大家回顧 Kerry 的人生，特別是他對預防教育，以及貫穿其公共服務、商界與慈善工作的貢獻。

Kerry 多位摯友與昔日同事分享了真摯感人的回憶，生動勾畫出 Kerry 慷慨無私的領導風範、循循善導的良師形象，以及他對推動社會正向的熱誠。LEAP 謹此感謝 Margaret Yu、James Tong、Brett Free 及 Tony Tyler 的參與，他們的分享展現了 Kerry 深遠的影響力，以及他一直以來對 LEAP 使命的支持。

活動中，LEAP 現任及前任同事，Kerry 服務太古集團、國泰航空時的同事及社區各界友好齊聚一堂，格外令人感動，正正反映了他一直致力連繫不同界別與世代，並在每一個他付出心力的地方，贏得大家由衷的尊敬。

LEAP 特別將其中一間流動課室獻給 Kerry 及其已故太太、LEAP 創會總幹事 Jenny McGlynn 麥珍妮女士。這間流動課室將繼續走遍香港，服務一代又一代的孩子，傳承 Kerry 及 Jenny 深信的價值與願景。

On 6 January 2026, LEAP held a tribute event to honour the life and legacy of Kerry McGlynn, beloved Vice Chair of LEAP, who passed away in Sydney on 11 September 2025. The ceremony began with a thoughtful reflection on Kerry's life by Patricia Hwang, Chair of LEAP, highlighting his deep commitment to preventive education and the values that guided his work across public service, business, and charity.

We were deeply moved by heartfelt stories shared by friends and colleagues, which painted a vivid picture of Kerry as a generous leader, trusted mentor, and passionate advocate for social impact. LEAP extends sincere thanks to Margaret Yu, James Tong, Brett Free, and Tony Tyler, whose tributes captured the breadth of Kerry's influence and his unwavering support of LEAP's mission.

It was especially meaningful to see current and former LEAP colleagues gathered alongside Kerry's friends from Swire, Cathay, and the wider community, reflecting the bridges he built across sectors and generations.

As a lasting tribute, LEAP unveiled a plaque dedicating one of its mobile classrooms to Kerry McGlynn and his late wife, Jenny McGlynn, LEAP's founding Executive Director. This mobile classroom will continue to reach children across Hong Kong, carrying forward the values and vision they so deeply believed in.



為孩子今天及未來做好準備

Preparing Children for Today and Tomorrow



迎接 AI 時代的資訊素養課程

LEAP 一直配合教育局的課程發展方向，為學校提供資訊素養相關的課程支援。透過貼近日常生活的情境與活動，引導學生初步認識如何安全及負責任地使用資訊及資訊科技，並建立基本的判斷與自我保護意識。

LEAP 於本學年在小三至小六課程加入「人工智能 (AI) 素養」元素，協助學生：

- 認識什麼是人工智能，以及其常見的應用方式
- 思考人工智能在安全、私隱及道德層面的影響
- 尊重版權，避免不恰當的抄襲行為
- 理解科技是學習的輔助工具，而非取代獨立思考

Digital Citizenship & AI Literacy

LEAP has long supported schools by delivering information literacy programmes aligned with Education Bureau curriculum directions. These programmes introduce students to the responsible, ethical, and safe use of information technology through daily-life scenarios and interactive activities.

This academic year, LEAP introduced AI literacy elements for Primary 3–6 students, helping them:

- **Understand what AI is and how it is commonly used**
- **Consider safety, privacy, and ethical implications**
- **Respect copyright and avoid inappropriate copying**
- **Recognise technology as a support for learning, not a replacement for thinking**

課程查詢 Programme Enquiries

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全面推行社交及情緒學習 (SEL) 課程

LEAP 與澳洲墨爾本大學榮譽教授 Helen Cahill 攜手研發，專為香港小學設計的社交及情緒學習 (SEL) 課程將於 2026/27 學年全面推行，協助學校在恆常課堂學習以外，進一步加強學生的身心健康與全人成長。

透過互動活動、引導討論及真實生活情境，學生能更深入地了解自己，與他人建立正向關係，並在面對挑戰時作出建設性的回應。

Social and Emotional Learning (SEL) Programme

Developed in collaboration with Emeritus Professor Helen Cahill from the University of Melbourne, LEAP's Social and Emotional Learning (SEL) curriculum is designed specifically for the Hong Kong primary school context. The programme will be fully rolled out in the 2026/27 academic year, supporting schools in strengthening students' emotional wellbeing alongside academic development.

Through interactive activities, guided discussions, and real-life scenarios, students learn to better understand themselves, relate positively with others, and respond constructively when facing challenges.



參與 SEL 課程的學校回饋

What do schools say about our SEL programmes?

「活動形式互動活潑，讓學生非常投入，並引導他們自我反思。」

"The lively, interactive format keeps students engaged and encourages meaningful self-reflection."

— 聖公會柴灣聖米迦勒小學 SKH Chai Wan Saint Michael's Primary School

「學生懂得運用不同的方法舒解情緒，用積極樂觀的態度面對困難。」

"Students are given practical language and strategies to express emotions and manage everyday challenges."

— 坪石天主教小學 Ping Shek Estate Catholic Primary School

「學生所學習的處理欺凌技巧有助他們適當地應對在人際關係中遇到的問題。」

"The bullying prevention component empowers students to respond more confidently and appropriately in difficult social situations."

— 迦密愛禮信小學 Carmel Alison Lam Primary School

鳴謝

Acknowledgements

衷心感謝以下善長、贊助及支持單位的慷慨支持！
We extend our heartfelt gratitude to all our
sponsors, donors, and supporters!



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Mandarin Oriental Hong Kong
孖士打律師行
Mayer Brown
羅申美會計師事務所
RSM Hong Kong
太古地產有限公司
Swire Properties Ltd
The Fan Family Charitable Trust
卓佳集團
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個人 Individual

Mrs Anson Chan
Ms Clara Cheung
Ms Fioni Cheung
Ms Quince Chong
Ms Vicky Chung
Ms Fong Wai Ling
Ms Joyce Ho
Ms Shan Luk
Mr Michael Ho
Ms Rana Jennifer Hui
Ms Patricia Hwang
Mr Kerry McGlynn
Ms Melissa Ng
Mr Walter Ng
Ms Maisie Shun Wah
Mr Mark Tindall
Ms Angel Tse
Mr Tse Cheung Hing
Mr Antony Tyler
Ms Wong Ting Ting
Ms Mandy Wu
Mr Sam Woo
Ms Margaret Yu

泊車設施贊助 Parking Facilities

國泰城
香港城市大學
中華基督教會基真小學
中華基督教會基灣小學 (愛蝶灣)
金巴崙長老會耀道小學
香港飛機工程有限公司
香港南區官立小學
馬頭涌官立小學 (紅磡灣)
保良局田家炳千禧小學
聖保羅書院小學
救世軍韋理夫人紀念學校
救世軍中原慈善基金學校
Cathay Pacific City
City University of Hong Kong
CCC Kei Chun Primary School
CCC Kei Wan Primary School (Aldrich Bay)
Cumberland Presbyterian Church Yao Dao Primary School
Hong Kong Aircraft Engineering Company Limited
Hong Kong Southern District Government Primary School
Ma Tau Chung Government Primary School (Hung Hom Bay)
PLK Tin Ka Ping Millennium Primary School
St. Paul's College Primary School
The Salvation Army Ann Wylie Memorial School
The Salvation Army Centaline Charity Fund School

2025 新界區賣旗日義工及贊助單位 Volunteers and Sponsors of Flag Day – New Territories Region 2025

禮協	AEAA	置地文華東方酒店	Mandarin Oriental The Landmark Hong Kong
永旺 (香港) 百貨有限公司	AEON Stores (Hong Kong) Co., Limited	香港鐵路有限公司	MTR Corporation Limited
義務工作發展局	Agency for Volunteer Service	科研資訊系統有限公司	NetMon Information Systems Limited
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國泰航空有限公司	Cathay Pacific Airways Limited	五旬節林漢光中學	Pentecostal Lam Hon Kwong School
中國建築土木工程有限公司	China State Civil Engineering Limited	保良局羅傑承 (一九八三) 中學	Po Leung Kuk Lo Kit Sing (1983) College
華懋集團	Chinachem Group	羅申美會計師事務所	RSM Hong Kong
港基物業管理有限公司 - 嘉湖山莊	Citybase Property Management Limited	香港耀能協會 白田幼兒中心	SAHK Pak Tin Pre-school Centre
衛生署義工隊	Department of Health Volunteer Team	上海商業銀行	Shanghai Commercial Bank
渠務署義工隊	Drainage Services Department Volunteer Team	李駿傑獨角獸慈善義工小隊	Share Love Jeremy
好易配	EasyVolunteer.hk	沙田官立小學	Shatin Government Primary School
高衛物業管理有限公司 - 海栢花園	Goldwell Property Management Ltd	聖公會融融中學	SKH Chan Young Secondary School
恒生銀行	Hang Seng Bank	聖公會聖約瑟小學	SKH St. Joseph's Primary School
靈實恩光學校	Haven of Hope Sunnyside School	社職	Social Career
路政署康體會	Highways Department Volunteer Team	大埔崇德黃建常紀念學校	Sung Tak Wong Kin Sheung Memorial School
海霸街官立小學	Hoi Pa Street Government Primary School	太古資源有限公司	Swire Resources Limited
匡智松嶺第三校	Hong Chi Pinehill No.3 School	香港匯豐銀行	The Hongkong and Shanghai Banking Corporation Limited
香港基督教服務處嘉福兒童之家	Hong Kong Christian Service Ka Fuk Small Group Homes	天星小輪有限公司	The "Star" Ferry Company, Limited
香港房屋委員會	Hong Kong Housing Authority	賽馬會匡智學校	The Jockey Club Hong Chi School
香港房屋協會	Hong Kong Housing Society	Time Auction	Time Auction
勞工處義工隊	Labour Department Volunteer Team	曾梅千禧學校	Tsang Mui Millennium School
荔景天主教中學	Lai King Catholic Secondary School	水務署義工隊	Water Supplies Department Volunteer Team
林村公立黃福鑾紀念學校	Lam Tsuen Public Wong Fook Luen Memorial School	仁濟醫院蔡衍濤小學	Yan Chai Hospital Choi Hin To Primary School
馬百良藥廠有限公司	Ma Pak Leung Co., LTD.	港青基信書院	YMCA Of Hong Kong Christian College
香港文華東方酒店	Mandarin Oriental Hong Kong		

2026「哈樂利是」籌款活動參與學校 Participating Schools of "Spare a Lai-See" Fundraising Campaign 2026

浸信會沙田呂明才小學	Baptist (Shatin Wai) Lui Ming Choi Primary School	嘉諾撒聖心學校	Sacred Heart Canossian School
中華基督教會基灣小學 (愛蝶灣)	C.C.C. Kei Wan Primary School (Aldrich Bay)	天主教石鐘山紀念小學	Shak Chung Shan Memorial Catholic Primary School
陳瑞祺 (喇沙) 小學	Chan Sui Ki (La Salle) Primary School	石湖墟公立學校	Shek Wu Hui Public School
啟基學校	Chan's Creative School	聖士提反書院附屬小學	St Stephen's College Preparatory School
鳳溪第一小學	Fung Kai No.1 Primary School	聖類斯中學 (小學部)	St. Louis School (Primary Section)
漢華中學 (小學部)	Hon Wah College (Primary Section)	聖保羅男女中學附屬小學	St. Paul's Co-educational College Primary School
茵維特 (香港) 學校	Invictus School Hong Kong (TKO)	太古小學	Tai Koo Primary School
聖公會仁立紀念小學	S.K.H. Yan Laap Memorial Primary School	惇裕學校	Tun Yu School
順德聯誼總會梁潔華小學	S.T.F.A. Leung Kit Wah Primary School	仁愛堂田家炳小學	Y.O.T. Tin Ka Ping Primary School